

CHINNOR & DISTRICT U3A

Long Walks Group Programme

April to September 2010

All walks start at 10.00am unless otherwise indicated and are on the first Tuesday of the month. All other notes and advice are on a separate sheet which accompanies this programme and should be retained for future reference.

- 6 April Cowleaze Wood. Start at picnic site car park GR SU727957. A 6¾ mile walk via Bald Hill, the Ridgeway, Pyrton Hill and Shirburn Wood. Some hills. Leaders: Christine & Ray Barnett
- 4 May Medmenham. Start at Westfield Farm on the A4155 between Marlow and Henley, GR SU798846. A circular walk of 6.3 miles past Danesfield Gardens and through Rotten Row on the Chiltern Way, a long distance footpath which is celebrating its 10th anniversary this year. Leaders: Rosie & Peter Hetherington
- 1 June Russell's Water. Park on open ground on Russell's Water Common, between pub and Oak Farm. GR SU713889. A 6.5 mile walk to Pishill, College Wood and following the Chiltern Way back to Russell's Water. Open spaces, woodland and "ups and downs". Leader: Alison Orr
- 6 July Cadsden. Park in the lay-by at the top of the hill, GR SP833045. A circular 6½ mile walk via Chequers and the Ridgeway to Coombe Hill. Some hills. Leaders: Margaret Silvey & Ann Goold,
- 3 August Lacey Green. Almost opposite the Black Horse pub on the right, turn left into Kiln Lane and park on the wide grass verge. GR SP825004. An undulating 6½ mile walk around Speen and Lacey Green through fields and woods along some ancient tracks. May be muddy. Leader: Ros Noy
- 7 September Cumnor. Park at Cumnor Village Hall. GR SP458044. A reasonably easy and flat walk of 6.5 miles via Appleton. Only 1 stile. Leaders: Christine & Brian Burrows

Would walks leaders please ensure that their mobile 'phone is switched on prior to their walk so that they can be contacted by any late-comers or by anyone who is lost.

Tony Clark, Long Walks Group Leader